

JP Cheerleading *Physical Examination Form Grades 3-8*

Name of Student: _____		DOB ____/____/____		School: _____		Grade: _____	
Height: _____		Weight: _____		%Body Fat (opt): _____		Pulse: _____ BP ____/____(____/____)	
Vision: R 20/____		L 20/____		Corrected: Y N		Auditory Screening: R____ L____	
Immunizations: DPT #1 _____		DPT #2 _____		DPT #3 _____		Last DT _____	
Hep B #1 _____		Hep B #2 _____		HepB #3 _____		Varicella Vaccine _____	
MMR #1 _____		MMR #2 _____		Pneumococcal _____		Meningococcal _____	

	Normal	Abnormal with Comment	Initials	Exam
MEDICAL EXAM				Notes: Please list medications, allergies, past medical history, past surgical history (if not listed on health history)
Appearance				Current Medications:
Eyes/Ear/Nose/Throat				
Thyroid				Allergies:
Lymph Nodes				
Heart				Surgical History:
Lungs				
Pulses				Physical Limitations:
Abdomen				
Hernia				
Genitalia (males only)				
Skin				
MUSCULOSKELETAL				Are there any limitations to
Neck				participation in Physical Education?
Back/Scoliosis				If so, please explain:
Shoulder/Arm				
Elbow/Forearm				
Wrist/Hand				
Hip/Thigh				
Knee				
Leg/Ankle				
Foot				

MEDICAL CLEARANCE: Check appropriate areas of participation in a competitive sport. **An unmarked box indicates disqualification** for that group of activities

Contact/Collision <input type="checkbox"/> Field Hockey, Football, Ice Hockey, Soccer, Wrestling, Lacrosse	Limited Contact/Impact <input type="checkbox"/> Cheerleading, Baseball, Softball, Basketball, Diving, Gymnastics, Volleyball, Skiing (Alpine & XC)
Strenuous Noncontact <input type="checkbox"/> Indoor Track, Cross Country, Tennis, Track & Field, Swimming	Nonstrenuous/noncontact <input type="checkbox"/> Golf, Bowling

PHYSICIAN INFORMATION: Name of Physician (Print/Type/Stamp) _____

Address: _____ Phone: _____

Signature of Physician _____ Date of Exam: _____